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The “Just Ask” Talk Show
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The “Just Ask” Foundation, Inc.

Presents

3rd Annual “HEALTH AND FUN FAIR”

Celebrating the Human Spirit: Honoring the Disabled, Elderly and their Caregivers with a Day of Fun and Relaxation”

Detroit, MI: Today, the “Just Ask “Foundation, Inc., in partnership with Bridging Communities, Inc. announced 3rd Annual “Health & Fun Fair: Celebrating the Human Spirit” event to honor the disabled, elderly and their caregivers.

This free event will be held on Thursday, October 5, 2023 at
EASTERN MARKET
SHED #5
2934 Russell St, Detroit, MI 48207
From 10 AM - 2 PM.

This day of interactive fun for seniors, disabled persons, caregivers and the general public is a way to provide relief and support from the effects of the COVID 19 pandemic on some of our most vulnerable populations. The day includes a variety of inclusive, fun, carnival-themed activities, games, health screenings, massages, music, dancing, face painting, clowns, balloon artistry and prizes galore!

The successful 2022 event, revealed that this Health & Fun Fair rains among the premiere senior and disability resource annual. This event permits as many people to come out, have fun and receive valuable information regarding resources available in their own community.”

If you would like to be a part of this very special event, “Just Ask” organizers are still seeking sponsors, volunteers, raffle donations and vendors for this year’s event. Register for all is available on Eventbrite.-com or register online at www.justasktalkshow.org or call 248-761-3739 or 800-323-5336 for more information.

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About “Just Ask”: The “Just Ask” Foundation, Inc. is a Michigan 501(c)3 non-profit organization. Since April 1995, “Just Ask” has successfully assisted individuals with disabilities and senior citizens, in securing crucial resources for the improvement of their quality of life. Through its media arm, the “Just Ask” Talk Show, established in 1998, “Just Ask” has been able to provide viewers in the Detroit Metropolitan Area and beyond with information regarding services and resources that enable persons with disabilities and senior citizens to fully participate in everyday life. Find out more at: www.justasktalkshow.org or tune in every Wednesday at 5:30am on PBS Channel 56 to get your weekly resources!