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The “Just Ask” Foundation, Inc.

The “Just Ask” Talk Show

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 The “Just Ask” Foundation, Inc.

 Presents

 **5th Annual “HEALTH AND FUN FAIR”**

***Celebrating the Human Spirit:* Honoring the Disabled, Elderly and their Caregivers with a Day of Fun and Relaxation”**

Detroit, MI: Today, the “Just Ask “Foundation, Inc., in partnership with Bridging Communities, Inc. announced 5th Annual “Health & Fun Fair: Celebrating the Human Spirit” event to honor the disabled, elderly and their caregivers.

**This free event will be held on Thursday, October 2, 2025**

**at**

**Samaritan Center Wellness Building**

**5405 Conner Ave, Detroit, MI 48213**

**From 10 AM - 2 PM.**

🎪 Join us for an inclusive Health & Fun Fair designed to combat "Social Isolation" among seniors, disabled individuals, caregivers, and the wider community. Experience a day filled with carnival-themed activities, games, health screenings, massages, music, dancing, face painting, clowns, balloon artistry, and the chance to win exciting prizes!

🌟 Our annual event, running successfully from 2021 to 2024, has become a cornerstone resource for seniors and individuals with disabilities. It serves as a hub for community engagement, fun, and access to vital information. The partnership between the "Just Ask" foundation and Bridging Communities ensures that attendees connect with the necessary resources in a warm and personalized environment.

🤝 If you'd like to be a part of or contribute to this meaningful event, the "Just Ask" organizers are seeking sponsors, volunteers, raffle donations, and vendors for this year's festivities. Register on Eventbrite.com or visit www.justasktalkshow.org/funfair for more information. For inquiries, reach out to us at 248-761-3739 or 800-323-5336 24 hour line

ℹ️ About "Just Ask": Established in April 1995, the "Just Ask" Foundation, Inc. is a Michigan-based 501(c)3 non-profit organization committed to supporting individuals with disabilities and senior citizens in accessing essential resources for an enhanced quality of life. Through the "Just Ask" Talk Show, introduced in 1998, the foundation disseminates valuable information on services and resources, empowering individuals to actively engage in daily life. Discover more at www.justasktalkshow.org or catch the show every Wednesday at 5:30 am on PBS.

Channel 56 or check your local cable stations, YouTube, Facebook, Instagram or our website to get your weekly resources!